



*Practice Limited to Endodontics*

**Matthew S. Detar, D.D.S.**  
**Preeti Batra, B.D.S.**

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12359 Sunrise Valley Dr. #210  
Reston, VA. 20109

### **FOLLOWING ROOT CANAL TREATMENT**

Root Canal treatment has been started on your tooth today. Because of the original condition of the tooth and the manipulation from today's procedure, **the tooth and the surrounding gum may be tender for a few days.** For proper healing and relief of symptoms:

1. **PAIN MEDICATION** Start medication as directed **before** anesthetic wears off.
  - A. **Anti-inflammatory Pain Medication** - prevents and reduces inflammation and pain from the teeth and surrounding tissues.
    - **Ibuprofen** (example-Advil, Motrin)
    - Take 400mg every 4 hrs, 600mg every 6 hrs OR 800 mg prescription 3 x day
    - Do not exceed 3200 mg. per day. **OR**
    - **Naproxen** (Aleve) 220mg every 12 hours
  - B. **Narcotic Pain Medication** (example-Vicodin) - relieves pain. May cause drowsiness.
    - Avoid alcoholic beverages.
    - Can be used in between doses of anti-inflammatory medication
  - C. **Acetaminophen** (example-Tylenol) If unable to use anti-inflammatory or narcotic medicine.
    - Take 325 mg. every 4 hours
    - Do not exceed 3000 mg. per day
    - Avoid alcoholic beverages
    - Can be used in between doses of anti-inflammatory medication instead of narcotic
2. **ANTIBIOTICS** - If prescribed, take as directed to help eliminate infection.
3. **Do not eat and/or drink hot liquids until the numbness wears off. This will prevent biting/ burning of the cheek or tongue. Avoid chewing with that tooth for 24 hours.**
4. Brush teeth as usual to keep the area clean.
5. Call your dentist, \_\_\_\_\_ for an appointment for your permanent restoration.
6. If the tooth becomes very uncomfortable or swelling develops, PLEASE CALL OUR OFFICE.